## FLIGHT AND CABIN CREW

Better than a training : a Skillset





AIR FORMATION by the numbers (As of 2024)

# CLOSER TO TAKE YOU FURTHER >>

























### Better than a training: a Skillset

With two decades of expertise, our company has risen to the pinnacle of excellence in aeronautical training, establishing itself as an undeniable cornerstone in qualifying professionals for the global aviation industry. Strategically located in Toulouse/Blagnac, at the very heart of the European aerospace sector, we leverage resources and expertise to provide our trainees with the most immersive experience possible.

We specialize in the following training areas:

For manufacturers, airlines, schools, and military organizations:

AIR OPS, PART 147, PART 145, PART CAMO, PART 21, EMAR, Safety Training, SMS, Human Factors, Competency Evaluation, Technical Aeronautical English, EWIS, CDCCL, and more.

For flight crew personnel:

CRM, Safety and Survival Training (Fire and Smoke Fighting, First Aid, Evacuation, etc.), and Hypoxia.

For Aircraft Maintenance Technicians:

EASA PART 66 B1/B2 License and EASA PART 147 Type Ratings.

In addition to our proximity to Toulouse Airport, Air Formation extends its reach to **French Polynesia**, **Senegal**, **and Casablanca**, showcasing our international commitment to aeronautical training.













OSER TO TAKE YOU FURTHER >>

















### AN INTERNATIONAL PRESENCE

AIR FORMATION confirms its presence in over 32 countries worldwide through its methods and solutions. AIR FORMATION also operates 4 centers to accommodate its trainees.



### **CERTIFICATIONS**

























### **ADAPTIVE LEARNING**

## A training program tailored to your skills through assessment and training program

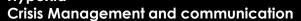
Safety Training (SMS) and Human Factors (HF)
EASA PART 21G and PART 145 regulations
Fuel Tank Safety &CDCCL
EWIS – Electrical Wiring Interconnection Systems
ESET – Emergency and Safety Equipment Training
Personalized assessment development



### MAYDAY MAYDAY MAYDAY (ORO.FC / ORO.CC)

### Live a world class training experience!

ESET – Emergency and Safety Equipment Training
SEP – Safety Equipment & Procedures
CRM Trainer – Crew Resource Management
TOP – Mental Preparation
AIR OPS and ETOPS Regulation
Fire-fighting and smoke practical training
Survival and Wet drills training
Hypoxia





### TRAIN THE TRAINER

A crucial role in your organization to share, transfer, support, train, and evaluate your staff

Initial pedagogy training
Safety Training & SMS Instructor
CBT / EBT (Competency & Evidence-Based Training) techniques
NITS / Pointing and Calling / TOP techniques
Instructor's educational toolkit (FH, CRM, EWIS, FOD, SMS, etc.)



# MANAGEMENT SYSTEM AND SMS Discover all the secrets of the SHELL, BOW TIE, and HFACS models

Management System, Compliance Monitoring, Risk Management SMS Safety Manager

Safety Investigation Techniques and Root Cause Analysis Methodologies

Safety Culture, Just Culture, and Positive Safety Culture Safety Action Group - SMS Relay PART IS - ISMS



### **PRODUCTION ORGANIZATION (POA)**

Initial Airworthiness and Environmental Protection (Regulation (EU) No 748/2012)

**EASA PART 21G & APMS Regulations** 

Safety Training (SMS) and Human Factors (HF)

**Audit Conduct Training** 

Safety Management System (SMS)

Safety Culture Training

F.O.D - The Risk of Foreign Object Damage/Debris

**Understanding the Use of Your Manufactured Products** 



## CONTINUING AIRWORTHINESS MANAGEMENT ORGANIZATION (CAMO)

Continuing Airworthiness (Regulation (EU) No 1321/2014)

EASA PART M, ML, and CAMO Regulations

Safety Training (SMS) and Human Factors (HF)

**Audit Conduct Training** 

Safety Management System (SMS)

General Familiarization with Airbus A320, Boeing 737, ATR, PC-6, C510

**Knowledge of Maintained Products** 

Fuel Tank Safety & CDCCL / EWIS



## MAINTENANCE, REPAIR AND OVERHAUL ORGANIZATION (MRO)

Continuing Airworthiness (Regulation (EU) No 1321/2014)

Safety Training (SMS) and Human Factors (HF)

**EASA PART 145 & APRS Regulations** 

CAA UK / CCAR 145 / 14 CFR Regulations

**Audit Conduct Training** 

SMS – Safety Manager – Investigations – Safety Action Group

Fuel Tank Safety & CDCCL / EWIS

OJT Tutor / Evaluator

Competency Assessment GM2 145.A.30(e)



### **EUROPEAN AVIATION MILITARY REQUIREMENTS**

Military and State Aircraft Airworthiness
Safety Training (SMS) and Human Factors (HF)
Aviation Regulation EMAR 21G
Aviation Regulation EMAR FR 145
Audit Conduct Training
Fuel Tank Safety & CDCCL / EWIS
OJT Tutor / Evaluator
Competency Assessment GM2/FR 145.A.30.e



### EASA PART 66 B1/B2 LICENCE

Aircraft Maintenance Engineers EASA PART 66

Ab-initio Training: 2,400 hours (Tahiti / Senegal)

**B1.1 – Turbine Engine Aircraft** 

**B1.2 – Piston Engine Aircraft** 

**B1.3 – Turbine Engine Helicopters** 

**B2 – Avionics** 

Examination Centers: Blagnac / Istres / Casablanca / Thiès / Tahiti



### **EASA PART 147 TYPE RATINGS**

PT6A Engines
De Havilland DHC-6
Beechcraft 90, 200, 300, 1900
Cessna Caravan C208
Daher TBM / Kodiak
Diamond DA 40/42
HSI – Hot Section Inspection / Boroscopy
Proline / Proline Fusion / APEX



### **AIRPORT SAFETY**

### Safety begins on the ground

**GRF – Global Reporting Format** 

Airside Safety / Marshalling
SMS – Safety Management System
Aircraft Parking and Standard Hand Signals
Aircraft Towing
Deicing / Anti-icing
Dangerous Goods
AFIS English – Aeronautical Themes
FDA – Aeronautical Data Provider



### **SPACE RENTAL**

Experience a unique environment 100% dedicated to aviation for hosting your workshops, meetings, seminars, events, team-building activities, and more

VIP Cabin Airbus A340

CLOUD Lounge with rooftop and 360° view
JFK Space equipped with Circle videoconferencing system
A380 Room – Exams – Conferences – Recruitment
Airbus A320 / A350 Simulator



### Hypoxia Practical Training Experience

Experience Europe's only simulator reaching altitudes up to 30,000 feet!



Objectives: Understand the physiological effects of hypoxia at high altitudes. Recognize early symptoms and effects of hypoxia in oneself and others. Apply effective management techniques to counteract hypoxia in flight.

Who should attend: Flight crew members and staff

Prerequisites: Good health and physical condition



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Duration : 4 hours Capacity : 4 trainees Price : On-demand

### Syllabus

Definition and types of hypoxia (Hypoxic, Hypemic, Stagnant, Histotoxic)

Key physiological processes affected by hypoxia

Importance of altitude acclimatization and decompression risks

Physiological Effects and Symptoms

Hypoxia Simulation and Symptom Recognition in Simulator

Practical Simulation: Incremental altitude increase to experience mild to severe hypoxia symptoms in a controlled setting

Immediate Response and Management of Hypoxia

Case Study Analysis and Group Discussion

Training Wrap-Up and Q&A

### **Initial Instructor Training Course**

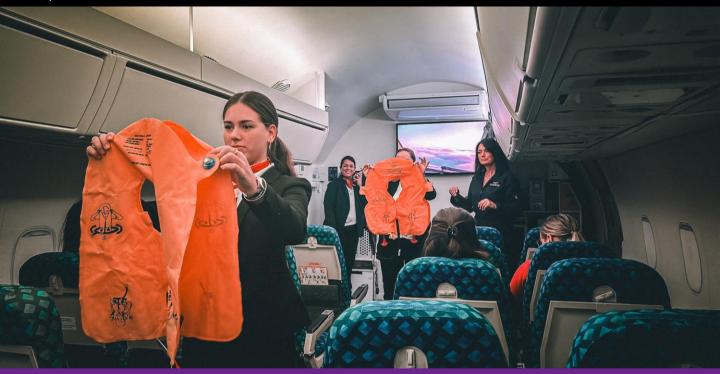
### **Train The Trainer**



Objectives: Equip future instructors with the skills and knowledge needed to train cabin or flight crew effectively. Develop instructional techniques tailored to aviation contexts. Enhance evaluation and feedback abilities for improving crew performance.

Who should attend: Flight or Cabin Crew Instructors

Prerequisites: None



#### Intra

Duration: From 14 to 28 hours

Capacity: 6 trainees Price: On-demand

### Syllabus

Introduction to Instructor Role

Learning process and styles

Facilitation and Feedback

Training delivery:

Instructional Techniques and Effective Communication

Interaction with trainees

TNA - Training needs analysis

Practical Training Delivery and Simulator Exercises

Assessment and Evaluation of Crew Performance

### **SEP Instructor Training Course**

Discover our scenarios that you can replicate with your crews



Objectives : Develop skills and knowledge needed on Safety and Emergency Procedures requirements and responsibilities.

Who should attend: Flight or Cabin Crew Instructors

Prerequisites: None



#### Intra

Duration: From 14 to 28 hours

Capacity: 6 trainees Price: On-demand

### Syllabus

Introduction to Instructor Role

Firefighting & Smoke practical Procedures

Slow & Rapid Decompression

**Emergency and Evacuation Procedures** 

**Emergency Landing and Ditching** 

Pilot Incapacitation

Survival and Wet drills training

Case Studies and Exercises

Practical scenarios on SEP Training & Assessment

### **CRM Trainer**

### Compliant with AMC1.ORO.FC.115 and AMC1.ORO.CC.115



Objectives : To be able to demonstrate the knowledge, skills and credibility required to deliver CRM training in a non-operational environment

Develop specific trainer/facilitator skills, in particular the integration of CRM into day-to-day operations.

Who should attend: Future CRM Trainer or CRM Trainer who should complete a Refresher Course

Prerequisites: The selected trainers must meet the mentioned criteria of the EASA / AIR OPS regulations



Intra

Duration: From 7 to 49 hours

Capacity : 6 trainess Price : On-demand

Syllabus

The role of CRM Trainer

CRM training should focus on the elements specified in Table 1 of (g) of AMC1 ORO.FC.115

Situation awareness

Workload management

Decision making

Resilience development

Surprise and Startle effect

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Practical exercise of training dispensation and assessment

### **CBT and EBT Training Methods**

### **Competency and Evidence Based Training**



Objectives: Understand the fundamental principles of the competency-based training model. Acquire the skills necessary to design and develop competency-based training programs. Apply best practices in competency-based training development. Be able to create assessments and measures to evaluate the effectiveness of competency-based training programs.

Who should attend: Flight or Cabin Crew Instructors

Prerequisites: None



#### Intra

Duration : 28 hours Capacity : 4 trainees Price : On-demand

#### Syllabus

### Theory on CBT and EBT

Teaching Practices
Steps in the competency-based training development process
Training needs analysis to identify target competencies
Identifying competency-based learning outcomes

### Scenario and Assessment Development Support Using Participant Feedback

Selection and adaptation of appropriate learning methods and tools
Creation of scenarios and practical cases to enhance competency-based learning
Integration of formative assessment throughout the training development process
Presentation of Created Scenarios in a Training Context

### Validation and Evaluation (EBT). Methods for Assessing Expected Competencies (Technical and Non-Technical) in Created Exercises

Evaluation and measurement of competency-based training effectiveness
Analysis of assessment data to improve competency-based training
Practical tips for classroom management and facilitating competency-based training

#### **Evaluation and Training Conclusion**

### Emergency and Safety Equipment Training



### AMC1 ORO.FC.230 Recurrent training and checking

Objectives: To be able to deal with the safety and emergency equipment during normal and emergency situations on board of your respective aircraft by developing skills in a realistic learning environment.

Who should attend: Flight crew members

Prerequisites: None



### Intra

Duration: From 4 to 14 hours

Capacity: 6 trainees Price: On-demand

#### **Syllabus**

### (ii) Every year the emergency and safety equipment training programme should include the following:

- (A) actual donning of a life-jacket, where fitted;
- (B) actual donning of protective breathing equipment, where fitted;
- (C) actual handling of fire extinguishers of the type used;
- (D) instruction on the location and use of all emergency and safety equipment carried on the aircraft;
- (E) instruction on the location and use of all types of exits;
- (F) security procedures.

### (iii) Every 3 years the programme of training should include the following:

- (A) actual operation of all types of exits;
- (B) demonstration of the method used to operate a slide where fitted;
- (C) actual fire-fighting using equipment representative of that carried in the aircraft on an actual or simulated fire except that, with Halon extinguishers, an alternative extinguisher may be used;
- (D) the effects of smoke in an enclosed area and actual use of all relevant equipment in a simulated smoke-filled environment;
- (E) actual handling of pyrotechnics, real or simulated, where applicable;
- (F) demonstration in the use of the life-rafts where fitted. In the case of helicopters involved in extended over water operations, demonstration and use of the life-rafts.

### Fire-fighting and Smoke Practical

One of the most useful simulator



Objectives : Be able to manage a fire or smoke situation on board an aircraft

Who should attend: Flight or cabin crew members

Prerequisites: None



Intra

Duration: From 2 to 4 hours Capacity: 6 trainees

Price: On-demand

### Syllabus

Instruction on the location and use of all emergency and safety equipment carried on the aircraft

Actual donning of protective breathing equipment

Use of oxygen Masks (Flight Crew)

Actual handling of fire extinguishers of the type used

Actual fire-fighting using equipment representative of that carried in the aircraft mock-up and fire simulator

The effects of smoke in an enclosed area and actual use of all relevant equipment in a simulated smokefilled environment (Fire simulator)

Rapid decompression simulation

### **Aero-Medical and First-aid**

### Hypoxia / Hyperventilation / Contamination / Hygiene / Malaria



Objectives: Be able to apply first aid procedures and manage an emergency situation on board.

Who should attend: Flight or Cabincrew members

Prerequisites: None



#### Intra

Duration : 4 hours Capacity : 6 trainees Price : On-demand

#### Syllabus

Concept and objectives of First aid

Evaluation of a victim

Procedures for managing a medical situation

Principles of cardiopulmonary resuscitation (CPR)

Care of injured person

Airways, Breathing, Circulation, Lateral safety position (PLS), Choking, Cardiopulmonary resuscitation and use of Automatic defibrillator on board

Medical emergencies and Medical equipment on board

Stroke, Hearth attack, Hypoxia, Hyperventilation / Asthma, Cardiovascular disorders, Nervous system disorders, Barotrauma, Contamination of the skin / eyes by aviation fuel or hydraulic or other fluids, Gastro-intestinal problems, Behavioral problems, Other problems (diabetes, allergic reactions, pregnancy), Hygiene and food poisoning, Malaria.

### Survival and Wet Drill Training

Ditching / Life rafts / Life-jacket / Pyrotechnics



Objectives : Be able to use emergency equipment and procedures in the event of a ditching in a maritime environment

Who should attend: Flight crew members

Prerequisites: None



### Intra

Duration : From 4 hours Capacity : 6 trainees Price : On-demand

### Syllabus

Survival & Safety equipment (life-jacket, survival kit, life-raft, ELT, ...)

Swimming

Actual donning and use of a life-jacket

Use of life-raft – Swimming pool or lake (in pilot or cabin crew uniform)

Use of survival kit and ELT (Signalling)

Actual handling and shooting of pyrotechnics

Practical training on survival (Lake, Forest environment)

Principles of Survival, Set up priorities, Make a shelter, Make a fire, Signalling, Water & food

### **Airbus Doors Trainer**

A319 - A320 - A321 - A330 - A350 - A380



Objectives: Be able to understand and operate the emergency exits of the Airbus family doors

Who should attend: Flight crew members

Prerequisites: None



### Intra

Duration : From 1 to 6 hours Capacity : 6 trainees Price : On-demand

### Syllabus

Doors or Handle jam

Door motor failure

Cabin pressure

Electrical assistance failure

Unarmed slide

Fire

Emergency evacuation slide

### Radio Telecommunication / Phraseology

Improving your communication



Objectives: Improving communication fluidity by employing appropriate phraseology based on situational awareness. Mastering crew communication and briefings while considering Threat and Error Management (TEM)

Who should attend: Flight crew members

Prerequisites: None



#### Intra

Duration : 2 hours Capacity : 4 trainees Price : On-demand

### Syllabus

Reference: § FCL.055 of the "Aircrew" regulation and AMC 1 to 3. FCL.055 of Decision No. 2011/016/R of EASA

Communication and Crew Briefing

Introduction to communication in aviation

Crew briefing: TFORDECC and its application.

Crew briefing: The NITS model and its use.

Effective communication with air traffic controllers.

Management of communication errors.

Crew flight simulation exercises applying briefing and communication techniques.

Aviation Phraseology

Standard phraseology for pilot-controller communication in normal situations.

Communication exercises with virtual air traffic controllers.

PAN PAN calls: Meaning and usage.

MAYDAY calls: Meaning and procedure.

PAN PAN MEDICAL calls and communication in case of medical emergencies on board.

Management of specific emergency situations

**Evaluation and Certification** 

### **CRM Single Pilote**

Improving your communication



Objectives: Strengthen communication and skills for relevant Flight Crew members, with a focus on non-technical skills, performance competencies, and crew attitudes

Who should attend: Flight crew members

Prerequisites: None



### Intra

Duration : 7 hours Capacity : 4 trainees Price : On-demand

### Syllabus

CRM training should focus on the elements specified in Table 1 of (g) of AMC1 ORO.FC.115 which are relevant to single-pilot operations. Therefore, single-pilot CRM training should include, among others:

Situation awareness;

Workload management;

Decision-making;

Resilience development;

Surprise and startle effect; and

Effective communication and coordination with other operational personnel and ground services.

### **AIR OPS Regulation**

Compliant with ORO.AOC.135



Objectives: Be able to identify the key points of the EASA AIR OPS regulation and the requirements of ORO.AOC.135, as well as its latest developments. Be able to apply the European regulations for aircraft operators in both commercial and non-commercial transport

Who should attend: All

Prerequisites: None



Intra

Duration : From 7 to 14 hours Capacity : 12 trainees

Price: On-demand

Inter

Duration: 7 hours

Capacity: Individual access

Price: 400€ HT

#### **Syllabus**

Presentation and Objectives of the Training

Brief Overview of PART ARO

Detailed Study of PART ORO

General Requirements

Air Carrier Certificate and Declaration

**Commercial Specialized Operations** 

Manuals, Records, and Logs

Safety and Security

Flight Crew and Cabin Crew

Flight and Duty Time Limitations and Rest Requirements

Detailed Study of PART CAT

Tailored Study of PART SPA

Brief Overview of PART NCC

Brief Overview of PART NCO and SPO

Knowledge Assessment in the Form of a Multiple-Choice Quiz

### **Emergency and Crisis Management**



Objectives : This course explores the importance of emergency situation planning and the proper management of activities during a crisis.

Who should attend: CEOs, Accountable Managers, Safety Managers, and all stakeholders involved in an emergency plan.

Prerequisites: None



#### Intra

Duration : 7 hours Capacity : 6 trainees Price : On-demand

#### **Syllabus**

Presentation and Objectives of the Training

Crisis Management: Prevention, Intervention, Recovery

**Business Continuity Plan** 

Categories of Events – Alerts

Crisis Response: Organization

Go-Team

Family Assistance

Death Operations - Personal Effects Management

The Emergency Plan

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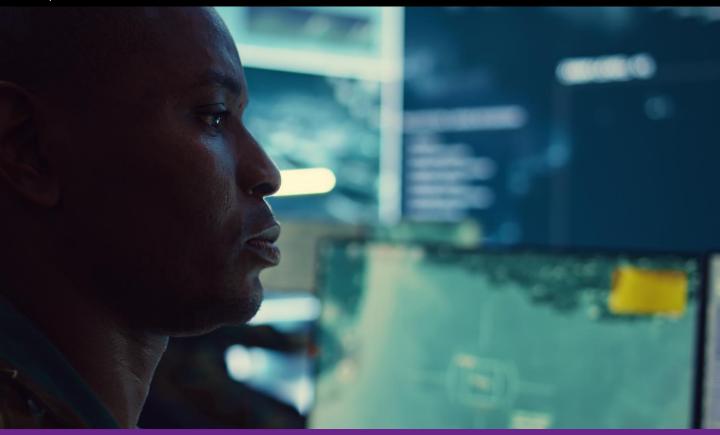
### Crisis communication



Objectives: Master the fundamentals of communication with the press, media, and various stakeholders during a crisis situation.

Who should attend: CEOs, Accountable Managers, and stakeholders involved in an emergency plan.

Prerequisites: None



### Intra

Duration : 7 hours Capacity : 6 trainees Price : On-demand

#### **Syllabus**

Introduction to Crisis Communication

Message and Audience

Crisis Communication Plan – Team – Procedure

Spokesperson

Working with the Media

Dark Site

Social Media

Case Studies

### **ETOPS Regulation**

**Extended Range Twin Engine Operations** 



Objectives: Be able to understand the key points of the ETOPS regulation and its latest developments. Be able to integrate all the detailed requirements of the ETOPS regulation and navigate the various texts to utilize relevant information.

Who should attend: All

Prerequisites: None



#### Intra

Duration: From 3,5 to 7 hours Capacity: 12 trainees

Price : On-demand

#### Syllabus

In accordance with DGAC RP 42-10 on the Management of Continuing Airworthiness and Maintenance of Aircraft in ETOPS Operations, latest edition

Presentation of the Course and Objectives

**Definitions** 

The World Organization of Air Transport

ETOPS Certification of Aircraft

Brief Overview of AIR OPS: Aircraft Operations Regulation

Requirements and Responsibilities of the Operator

Airworthiness and Operational Documents

Study of ETOPS Rules

Study of the ETOPS Maintenance Program

ETOPS MEL (Minimum Equipment List)

Study of ETOPS Work Cards

Critical Systems

Concepts of Cross-Checking

Certification Personnel

APRS (Aircraft Performance and Reliability Systems)

Conclusion

**Training Evaluation** 

### **Dangerous Good including CBT**

IATA Manual



Objectives : Accept limited Dangerous Good on the factory network. Accept passenger baggage. Being motivated to ensure safety and to comply with applicable regulations.

Who should attend: Flight crew members

Prerequisites: None



#### Intra

Duration : 4 hours Capacity : 8 trainees Price : On-demand

### Syllabus

Compliant with your "Evaluation competences matrix for dangerous good training"

Recognizing dangerous goods applicability
Understanding the general limitations
Identifying roles and responsibilities
Understanding the importance of classification & packaging
Understanding hazard communication
Familiarizing with basic emergency response
Processing/accepting cargo
Transporting cargo/baggage
Collecting safety data

Understanding the basics of dangerous goods

# Management of psychological risks and addictions



Objectives: Identify the effects of the abusive use of psychotropic substances and their consequences, Identify the assistance provided by the support program,

Participate in the implementation of appropriate measures in your organization

Who should attend: Flight or Cabin crew members

Prerequisites: None



### E-learning

Duration: 1,5 hours

Capacity : Individual access Price per trainee : 50€ HT

#### **Syllabus**

Introduction

The effects of psychotropic substances on individuals and on flight safety

Link between stress and addictions

Individual responsibilities regarding applicable legislation and policies relating to psychotropic substances

Principle & substance screening tests

Psychological assessment: content & format

Assistance provided by the support program

Data protection and confidentiality principles

### EWIS – Electrical Wiring Interconnection Systems



Objectives : Identify the key points of the regulations,

Define the necessary safety measures in the different cabin & cockpit environments by identifying the nature of the cabling system (EWIS)

Who should attend: Flight or Cabin crew members

Prerequisites: None



#### E-learnina

Duration: 2 hours

Capacity : Individual access Price per trainee : 60€ HT

### Syllabus

AMC 20-22 compliant

A: General EWIS. Safety practices.

C: Inspection of damage to wiring systems (familiarization).

D: Sources of internal, external or other contamination of aircraft. Cleaning procedures.

E: Typical area and damage noted on the wiring (familiarization).

#### AVIATION TRAINING CENTER EASA FR.147.0037

### FLIGHT AND CABIN CREW

Better than a training : a Skillset



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